

South Bay Community News

News & Entertainment from the Community!
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 Vol. 20 Issue 9

Happy Mother's Day



Day

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Safety culture needs to change at Torrance refinery

The U.S. Chemical Safety Board released its final report on the 2015 Torrance ExxonMobil refinery explosion Wednesday, May 03, 2017, Torrance. A digital-video recreation of the refinery explosion is played for the audience.

A final investigative report by the U.S. Chemical Safety Board into the nearly catastrophic 2015 explosion that ripped through the Torrance refinery blames ExxonMobil for not "conforming to industry standards" in its operation of the plant.

"This incident was preventable," the CSB said flatly in its 73-page report, which was released at a Wednesday news conference in Torrance. "Effective safeguards were not established to prevent the incident."

Specifically, the CSB blamed former refinery owner ExxonMobil for a constellation of errors: "weaknesses" and "gaps" managing the refining processes that use highly hazardous chemicals, a reliance on unverified safeguards and outdated procedures, a lack of safety instrumentation and knowingly operating a piece of eroded equipment beyond its safe operating life.

"At the Torrance refinery, workers did not have proper protocols to ensure safety when deviating from normal operating procedures," CSB Chairwoman Vanessa Allen Sutherland said Wednesday. "The proper tools to manage risk were not operating effectively. Workers were running the unit blind."

The investigation follows up on and expands a preliminary CSB report issued in January 2016 that concluded the 1.7-magnitude blast resulted largely from botched safety protocols and the use of a critical safety device that had eroded over six years and was leaking.

ExxonMobil largely rejected the conclusions of the preliminary CSB report last year but said Wednesday in an emailed statement it has "worked cooperatively" with the agency to understand its findings and recommendations." [CLICK HERE TO READ MORE](#)



Terry McMillan Comes to CAAM

Come for a talk and book signing with writer Terry McMillan, the #1 New York Times bestselling author of How Stella Got Her Groove Back and Waiting To Exhale. McMillan will discuss her latest novel, I Almost Forgot About You, the inspiring story of a woman who shakes things up in her life to find greater meaning. This program is presented in conjunction with Esowon Books, and hardcover and paperback editions will be available for purchase. Seating is first-come, first-served.



SAVE THE DATE

5th Beauty At The Bay

The Power of Beauty

at Southbay Pavilion, Carson, CA.

Saturday, May 27, 2017

11:00am - 4:00pm

This year, we've added Alter Ego Photo Shoots, there will be free hair and makeup makeover, exclusive vendor shopping, inspiration, beauty Q&A, giveaways and so much more!

MORE INFO: LWSPECIALEVENTS.COM/BEAUTYATTHEBAY

What's Happening Around Town

Coffee With Carson Sheriff's Station & Carson Mayor Robles



Save the Date: Coffee with Carson Sheriff's Station and Carson Mayor Robles Tuesday, May 23, 10:00 am at Starbucks 20806 S Figueroa Street.

2nd Friday of every month
9:30 AM - 12:30 PM
Orange County



3rd Friday of every month
9 AM - 12 PM
San Diego

Breakfast with Moms
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www.BreakfastWithMoms.com

Red Cross Smoke Alarm Installation Day

Help the American Red Cross and local volunteers install life-saving smoke alarms in your community.

To make an appointment for a free home fire inspection and free fire alarm installation, call 562-490-4027 or visit www.redcross.org/lahomefire



Government & Business



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Mayor Eric Garcetti may be considering a run for the White House, according to a report by the New York Times.

The New York Times cited unnamed allies of the mayor, who acknowledged national donors have discussed the subject of Garcetti running for president in 2020.

AB 60 Program Information

Assembly Bill (AB) 60 (Chapter 524: Statutes of 2013) requires the department to issue an original driver license to an applicant who is unable to submit satisfactory proof of legal presence in the United States. Driver license applicants under AB 60 must meet all other qualifications for licensure and must provide satisfactory proof of identity and California residency.

For further assistance in providing the proper documentation, select AB 60 Checklist.

AB 60 also requires the department to develop regulations and consult with interested parties in an effort to assist the department in identifying documents that will be acceptable for the purposes of providing documentation to establish identity and residency.

Attention AB 60 Applicants: To schedule an appointment to visit a DMV field office to obtain a California driver license under AB 60, select Field Office Visit Appointment.

SUNDAY, MAY 7TH
10:00 AM - 3:00 PM

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FLY TO NEW YORK

Education & Sports

Camp Lakers

Presented by UCLA Health

Who: Boys & Girls, Ages 9-17

What: Day Camp, 9am - 4pm

Where: Next Level Sports Complex, 12821 Knott St. Garden Grove, CA 92841

Session 1: Monday, June 26 - Friday, June 30

Session 2: Monday, July 3 - Friday, July 7



Last summer A.C. Green coached these hoopers to the title at #CampLakers! Camp is almost sold out! Don't miss out on your chance to learn from the Lakers this summer. Register today! [CLICK HERE](#)

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From Wildomar to Rosemead, High Schoolers Get an Edison Scholars Surprise



When Promise Agbo, 17, was 6 years old, her father would often take her outside to look at the stars in the sky.

Ten years later, she accepted an internship at NASA where she was able to work on the Mars Mission. Her idea: a hybrid spacecraft that once deployed would break off into a satellite and land rover. Her idea was so good it was presented to the NASA administration.

"I like to explore something that we never knew about," said Agbo, who hopes to one day work at NASA as a space flight engineer. "Ideas can come to fruition. If you dream a good idea, it can come true."

The Norwalk High School senior has a GPA of 4.47 and has so far been accepted to 15 colleges. Her dream of attending Stanford came closer to reality Wednesday when she was surprised at a school assembly with an Edison Scholars award.

One of 30 students to be selected, Agbo will receive a \$40,000 scholarship paid over four years. Since 2006, Edison International has awarded about \$7.7 million in scholarships to 580 Edison Scholars. The program is funded entirely by shareholder dollars, not customers.

In addition to academic success and financial need, students must plan to pursue STEM (science, technology, engineering or math) degrees at an accredited four-year college or university. Applicants must also live in or attend a high school in Southern California Edison's service area.

William Ramos, 17, is a senior at Don Bosco Technical Institute in Rosemead. On Monday, he learned that his dream of attending California Polytechnic State University, San Luis Obispo to pursue a degree in chemistry had become a reality.

"I heard you have big dreams," said Pedro Pizarro, Edison International president and CEO, as he handed him an oversized green, yellow and white check for \$40,000. "William, you earned this, and we are very proud of you."

"I promised my parents that when I go to college, they won't have to worry about a thing," said Ramos, an aspiring teacher, as his fellow classmates cheered their support at a surprise assembly. "Now, with this, everything is relaxed. It makes everything so much easier."

This year alone, Edison International will give out \$1.2 million in Edison Scholars awards. The 30 winners represent the diverse communities across SCE's service territory, from Hanford to Newport Beach.

In Wildomar, Dylan Dickerson, 17, a senior at Elsinore High School, was recently recognized as the school's valedictorian. During the ceremony, he was also named one of this year's Edison Scholars.

As he held back tears, Dickerson — who hopes to attend the University of California, San Diego and major in mathematics — accepted the \$40,000 check and thanked Gaddi Vasquez, Edison International and SCE senior vice president, Government Affairs, who was on hand to deliver the award.

"This is just an amazing blessing," said Dickerson.

Mike Bao, 17, a senior at Troy High School in Fullerton, was already doing real analysis and statistical mechanics at a young age.

With a \$40,000 check from Edison International, his dream of earning a physics degree from Harvard is now a giant step closer.

"I want to prove to the world that science is cool," he said.

"We keep the lights on, but we are excited to get to do more than just keep the lights on," said Pizarro. "We get to recognize great students and great dreams. Guys — go change the world."

Arts & Entertainment

Chris Brown: The Party Tour



The Forum

Tuesday, May
23 at 7:30 PM

[TICKETS](#)



C-Breezy and special guests 50 Cent, Fabolous, O.T. Genasis and Kap G have performed in 33 cities across America. Their journey kicked off in Baltimore, Maryland on March 3 and will end in Los Angeles, California on May 5.

Though some expected French Montana to join the tour, his name is not on the official poster Breezy shared on Instagram. Earlier this year, the New York rapper released the video for "Hold Up," featuring Brown

HEAR NOW Music Festival Concert at CSUDH



Extending the reach of the wildly innovative music being created in Los Angeles, the HEAR NOW 2017 Music Festival of New Music by Contemporary Los Angeles Composers will perform a special encore chamber concert at California State University, Dominguez Hills on Sunday, May 7. The concert is free and will take place beginning at 7 p.m. in the University Theatre.

The concert will feature Lyris Quartet, one of the top chamber groups in the United States, and a number of other highly regarded Los Angeles-based composers and musicians.

The seventh annual HEAR NOW Festival took place over the April 28-30 weekend, and the encore concert at CSUDH is being made possible thanks to grants from the National Endowment for the Arts, Los Angeles County Board of Supervisors through the Los Angeles County Arts Commission and the City of Los Angeles' Department of Cultural Affairs.

PROGRAM:

Oscillatore, Evan Beigel – Lyris Quartet: Alyssa Park, violin; Shalini Vijayan, violin; Luke Maurer, viola; Timothy Loo, cello

Flash (Los Angeles premiere), Mark Weiser – Damon Zick, soprano saxophone; Nic Gerpe, piano

Méditation Boréale, David Hertzberg – Lyris Quartet

Kaman Fantasy, Saad Haddad – Alyssa Park, violin; Vicki Ray, prepared piano

Rarrk, Sean Heim – Asuncion Ojeda, flute; Paul Sherman, English horn; Shalini Vijayan, violin; Tim Loo, cello; Vicki Ray, piano

The concert is free, but parking is \$6 in campus lots. CSUDH is at 1000 E. Victoria St., Carson, CA. For a map of campus visit www.csudh.edu/visitus. For more information, call 310.243.3588

Review of Singer/Songwriter Darcell's self-titled debut album Darcell

Love this CD - Five Stars

"I also met Darcell at Starbucks on Barrington. He approached me and told me about his CD. I purchased one that he had with him and wasn't disappointed. I love R&B and this is a great CD. Can't wait for his second one." - by mg4usc

Music available on iTunes

Learn more about Darcell at <http://www.darcell.net/>

#SPMGMedia



Food & Restaurant

Mother's Day Ideas



Photo courtesy of Getty Images

Serve a **Steakhouse-Style** Meal at Home

FAMILY FEATURES

Bring the delicious tastes of a traditional steakhouse to your own dining room with simple steps that make it easier than you might expect to please a room full of hungry guests.

According to a survey conducted by Idahoan, 86 percent of Americans have avoided going out to eat at a restaurant for reasons such as crowds, bad service and noise. Instead of suffering through the inconveniences, ditch those concerns and bring steakhouse flavor home – an experience 79 percent of survey respondents said they wish was easier to recreate in their own dining room.

Set the table

Rather than plating food with any old dishware, break out your nicest dishes and set the table the way a restaurant would. Remember: forks on the left, knives on the right. Pull out the linen napkins for an added upscale feel. Properly setting the table instantly gives your kitchen or dining room the feel of heading out to a restaurant.

Change the mood

Most fancy steakhouses keep the lights dimmed low, so find creative ways to mimic that ambiance at home. If you don't have a dimmer switch, invest in a smart bulb that lets you easily convert a standard fixture into a custom light in minutes. Or skip the overhead lighting altogether and instead dine by lamp or candlelight. It'll change the way your dining room traditionally looks by setting a scene that more closely matches that of a restaurant.

Also try turning on your group's favorite music to change up the audible impression of the night. It doesn't need to sound like a rock concert – just give the room some subtle liveliness with soft tunes playing in the background.

Dress the part

Another way to change the atmosphere is to ask friends and family who attend to dress in more formal clothing. Simply acting as if everyone is out on the town can help bring an elevated sense of gaiety to the room.

Start with soups

Much like in a traditional steakhouse, please your guests' palates at the start of the meal with a warm soup. Idahoan Premium Steakhouse Potato Soups – which bring together real Idaho red potatoes, flavorful spices and rich cheeses in four varieties – provide a creamy taste in every spoonful, perfect for giving your "customers" a restaurant experience from the comfort of home.

According to the survey, Americans are more likely to order a potato soup at a steakhouse than other flavors like crab bisque or broccoli cheddar, making potato soup, which can be prepared in only five minutes, an obvious option to serve prior to the main course.

Main menu

After everyone has their fill of a creamy pre-meal soup, pile their plates with a savory meat and side dishes. A popular combination of a home-cooked



steak with mashed potatoes and asparagus can easily do the trick for those who come with a big appetite.

Decadent dessert

Be sure everyone leaves a little bit of room after the hearty meal to top it all off with something

simple and sweet. With the evening winding down by this point, a scoop of cool, creamy ice cream should cap off the meal perfectly.

For more delicious ideas for creating the ideal dinner at home, visit Idahoan.com.



of survey respondents indicated that they would rather celebrate occasions with dinner at home as opposed to out at a restaurant.

What occasions are better celebrated at home?



The Idahoan Soups Survey was conducted by Wakefield Research among 1,000 nationally representative U.S. adults ages 18-plus, between Aug. 31 and Sept. 6, 2016, using an email invitation and an online survey. Respondents were allowed to select more than one occasion.

DETAILS MAKE THE DIFFERENCE

Dining out is as much about the experience as it is delicious food. That's why when you're creating a restaurant-like meal at home, every detail counts. The little touches go a long way toward making your meal extra special.

Presentation: When serving starters like soups, present bowls plated on a saucer and be sure to include a soup spoon on the side. For the main course, take care to create attractive dishes rather than simply mounding food on the plate.

Garnish: Remember that eating is a multi-sensory experience and making food look great is the first step toward making your guests' taste buds sing. Accent plates with a sprig of parsley or a seared wedge of citrus. For a savory, cheesy potato soup, sprinkle some freshly grated cheese over top just before serving and add a pinch of scallions for a pop of color.

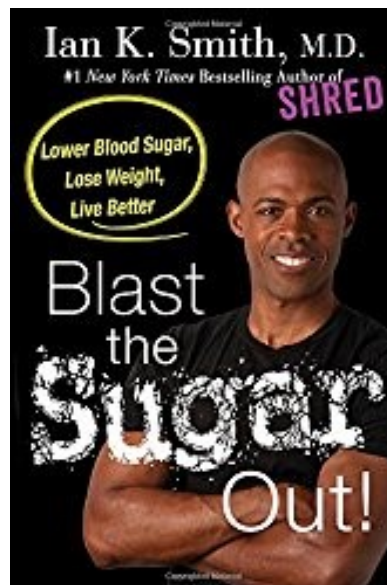
Service: Take a cue from well-trained servers. Be ready with refills for depleted drinks and clear empty dishes promptly.

Health & Wellness

Learning to Manage Your Emotions



By Mrs. Queenie Johnson-Brand Strategist & Master Teacher



Blast the Sugar Out!: Lower Blood Sugar, Lose Weight, Live Better

Because of all the recent information I have come across on how bad sugar is for all of us, I wanted to take a more in-depth look at this subject. Blast the Sugar Out offers a very comprehensive look at the subject. The author Ian K. Smith, MD, explains where the various kinds of sugar come from, and offers a five week program with weekly changes to replace some of our bad habits with good ones.

We rarely if ever teach people how to manage their emotions or how to be responsible for their behavior.

Nor do we teach people how to hold space for others when they are processing their feelings.

Having a high level emotional IQ is a rarity, it takes accountability and practice.

Please allow your children and the people in your life to process their emotions. Especially, the boys/men in your life.

That man in Cleveland didn't kill those innocent people because of a woman. He killed those people because he never had control of his emotions. He said, "I'm angry. People dismiss me when I tell them my problems."

Your emotions are the window to your psychological state.

Listen.

Direct yourself or others to counseling experts to support your mental health needs. My client runs a mental health practice. If you need support let me connect you.

Sending all of you love!

Brilliant Mama, Let's Build Your Brand, Business & Brilliant Child

I'm a Celebrity Family Education Consultant, Personal Brand Strategist and the brains behind and Founder of The School of Brilliant Thinkers. I believe that by helping mompreneurs (like you) unfold their brilliance, their children will have an impeccable model for what's possible in their futures. Mama Be Brilliant is our signature program to help moms market their brilliance + amplify their brand presence in the marketplace. Learn more at <http://www.mamabebrilliant.com/>

Doctor Awarded \$1 Million Dollars to Make Cancer Treatment Less Harmful



In almost every medical breakthrough, there comes a time where a major decision that was made that changes the trajectory of medical research. Dr. Hadiyah-Nicole Green is at the center of that life-changing breakthrough.

Dr. Hadiyah-Nicole Green is one of less than 100 black women physicists in the U.S. An assistant professor at Tuskegee University, Dr. Green was recently awarded a \$1.1 million grant to develop a cancer treatment involving lasers and nanoparticles.

In a recent profile of Dr. Green in AL.com, she explained that though she's extremely busy working as an assistant professor at Tuskegee University and conducting much-needed cancer treatment research, she rarely declines an invitation to speak to professional groups, nonprofit organizations and schools.

"Usually if there is an invitation to speak at a forum like that, I accept it because I feel like it's a responsibility," she said. "There are so few of us (black women in STEM fields) I don't feel like I have the luxury to say I'm too busy." [READ MORE at BLACK-DOCTOR.ORG](#)



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Ms. Queenie Johnson
MASTER TEACHER & BRAND STRATEGIST

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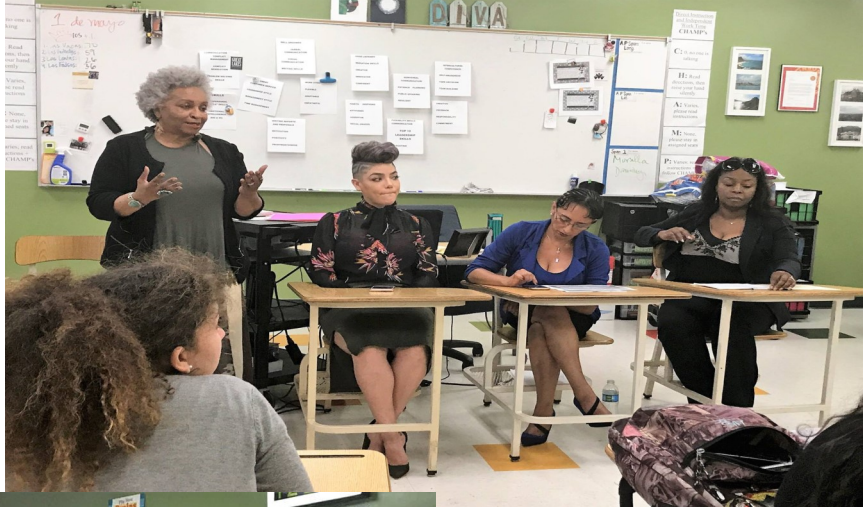
SCHOOL FOR BRILLIANT THINKERS
By: Distinguished Learning Group



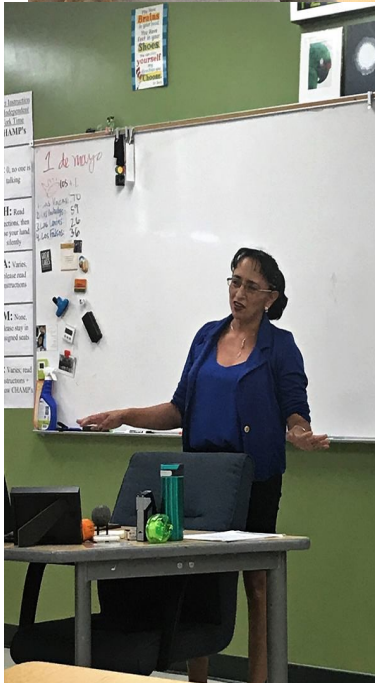
Social Media Updates..



Representatives from L.A. County DPSS, Public Health and Hubert H. Humphrey Health Center host kick-off event for CalFresh Awareness Month.



Kandee Lewis—"We often hear it takes a Village to raise a child. I am so honored and thankful for my Village! My company, The Positive Results Corporation has been mentoring the Women of Color Leadership at Animo Watts College Preparatory Academy for the last 3 years. Today we were blessed to have some dynamic women share wisdom and knowledge on how to Effectively & Positively Network with these amazing young ladies. I Love these young ladies! I'm so honored to have been a part of their growth! Thank you, with Love and Respect...Tenisha Webb, Carol Medina, Lena"



Over **400,000** American children are in foster care

Every **two minutes** a child enters into foster care

We recognize our country's 400,000+ foster youth and bestow homage to those making an intrinsic difference in their lives.

#National Foster Care Month

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